In 2019, the American Heart Association (AHA) issued new recommendations for automated office blood pressure (AOBP) solutions compared to traditional auscultatory blood pressure (BP) readings. Automated solutions are now the preferred approach for evaluating office BP.¹

Devices capable of taking multiple readings without an observer present can further improve accuracy and reduce the error associated with auscultatory measurement due to limitations in clinical practice such as:¹

- Reliance on the observer’s skills
- White-coat effect
- Digit preference

NEARLY 50% of the U.S. adult population is categorized as hypertensive² and hypertension is the most common primary diagnosis in the United States.³
**CHALLENGES**

36.7% of patients could display white-coat effect

18.75% of manually documented vitals result in error or omission

35% of the time the first reading taken could be higher than subsequent measurements

It’s critical your staff have an easy, reliable and automated way to take accurate blood pressure readings. Enter the Welch Allyn® Connex® Spot® Monitor.

With SureBP® technology that provides accurate readings in only 15 seconds, the Connex Spot Monitor creates a more efficient and comfortable experience for your patients, supporting up to six custom BP averaging programs that allow for:

- A delay to start the first measurement
- Time delay between measurements
- Custom reading discard criteria

The Connex Spot Monitor also features EMR connectivity, enabling an easy transfer of vital signs measurements, including blood pressure averages.

Visit hillrom.com/csm to learn more.